



Appendix 2

ICE DANCE

Senior – ISU Category

Age Requirement

Has reached at least the age of fifteen (15).

Short Dance

In accordance with ISU Technical Rule Ice Dance 2016, Rules 709 and all pertinent ISU Communications. Rhythms, required elements and guidelines are those listed in ISU Communication 2076 and 2086 and subsequent updates.

Duration: 2 min., 50 sec., +/- 10 sec

Free Dance

In accordance with ISU Technical Rules Ice Dance 2016, Rule 710. The required elements to be skated are those listed in ISU Communication 2076 and 2086 and subsequent updates.

Duration: 4 min., +/- 10 sec.

Junior – ISU Category

Age Requirement

Has reached at least the age of thirteen (13). Has not reached the age of nineteen (19) for ladies and twenty-one (21) for men before July 1st 2017.

Short Dance

In accordance with ISU Technical Rule Ice Dance 2016, Rules 709 and all pertinent ISU Communications. Rhythms, required elements and guidelines are those listed in ISU Communication 2076 and 2086 and subsequent updates.

Duration: 2 min., 50 sec., +/- 10 sec

Free Dance

In accordance with ISU Technical Rules Ice Dance 2016, Rule 710. The required elements to be skated are those listed in ISU Communication 2076 and 2086 and subsequent updates.

Duration: 3 min., 30 sec., +/- 10 sec.

Advanced Novice – ISU Category

Age Requirement

Has reached at least the age of ten (10). Has not reached the age of fifteen (15) for Girls and seventeen (17) for Boys before July 1st 2017.

Pattern Dances





In accordance with ISU Technical Rules Ice Dance 2016, Rules 707, 708 and all pertinent ISU Communications.

Two (2) Pattern Dances are to be skated:

Group 1: #4 European Waltz and #20 Tango

Group 2: #3 Rocker Foxtrot and #9 Starlight Waltz

One group of two pattern dances shall be drawn before competition.

Couples shall provide their own music for the Tango and Rocker Foxtrot rhythms, required elements and guidelines are those listed in ISU Communication 2076 and 2086 and subsequent updates.

Please note that the own music for pattern dances should be in separate CD.

Free Dance

In accordance with ISU Technical Rules Ice Dance 2016, Rule 710 and all pertinent ISU Communications. The required elements to be performed are those listed in ISU Communication 2076 and 2086 and subsequent updates.

Duration: 3 min. +/- 10 sec.

Basic Novice – ISU Category

Age Requirement

Has reached at least the age of ten (10). Has not reached the age of fifteen (15) for Girls and seventeen (17) for Boys before July 1st 2017.

Pattern Dances

In accordance with ISU Technical Rules Ice Dance 2016, Rules 707, 708 and all pertinent ISU Communications.

Two (2) Pattern Dances without Key Points are to be skated:

#4 European Waltz #1 Fourteen Step

Couples shall provide their own music for the Fourteen Step rhythms. Required elements and guidelines are those listed in ISU Communication 2076 and 2086 and subsequent updates. Please note that the own music for pattern dances should be in separate CD.

Free Dance

In accordance with ISU Technical Rules Ice Dance 2016, Rule 710 and all pertinent ISU Communications. The required elements to be performed are those listed in ISU Communication 2076 and 2086 and subsequent updates.

Duration: 2 min., 30 sec., +/- 10 sec.

Debutants – non-ISU category

Age Requirement

Has not reached the age of fourteen (14) before July 1st 2017. Born later than 1.7.2003.

Pattern Dance without Key Points is to be skated:

1 Fourteen step (4 Seq.)

Rhythms, required elements and guidelines are those listed in ISU Communication 1886 and all pertinent ISU Communications.





Program Components scores are multiplied by 0.7 per one dance (ISU 353 m, ISU Communication 1875).

Free Dance:

Technical requirements:

- One (1) Straight Line Step Sequence (MiSt or DiSt) including a minimum of three (3) of the following basic holds: waltz, fox, kilian, reverse kilian, tango
Only features up to Level 1 will be counted.
- One (1) Dance Spin
Evaluated Level 1 if the couple rotates one (1) revolution
Evaluated Level 2 if the couple rotates at least three (3) revolutions
- One (1) choreographic Dance Lift
Evaluated as an element with a basic value (ChLi) ISU 704: 16
- One Set of Twizzles (STw)
Only features up to Level 2 will be counted ISU 704: 11
- Two (2) Three Turns in waltz hold
Couple performing 2 three turns in hold
- Vocal music is not permitted
- Duration 2 min. +/- 10 s
- Deductions 0,5 points
- Music deduction 0,5 points / 5 sec

SOLO DANCE

Evaluation of all categories according to Finnish Ice Dance Evaluation system

Advanced Novice

Age Requirement

Has reached the age of ten (10). Has not reached the age of fifteen (15) for Girls and seventeen (17) for Boys before July 1st 2017.

Pattern Dances

In accordance with ISU Technical Rules Ice Dance 2016, Rules 707, 708 and all pertinent ISU Communications.

Two (2) Pattern Dances are to be skated:

#4 European Waltz

#20 Tango

Required elements and guidelines are those listed in ISU Communication 2076 and 2086 and subsequent updates.

Free Dance

Technical requirements

- One straight line or curved step sequences (MiSt, DiSt, CiSt or SeSt)
- One set of Twizzles (STw)





- One long pose (LoPo) (min. 3 sec. in each pose)
- One spin (free of choice)
- Duration: 2.10 min. +/- 10 sec

Debutants

Age Requirement

Has not reached the age of thirteen (13) before July 1st 2017.

Pattern Dances

In accordance with ISU Technical Rules Ice Dance 2016, Rules 707, 708 and all pertinent ISU Communications. Two (2) Pattern Dances are to be skated:

1 Fourteen step

2 Fiesta Tango

Required elements and guidelines are those listed in ISU Communication 2076 and 2086 and subsequent updates.

Free Dance

Technical requirements

- One straight line or curved step sequences (MiSt, DiSt, CiSt or SeSt)
- One set of Twizzles (STw)
- One long pose (LoPo) (min. 3 sec. in each pose)
- One spin (free of choice)
- Duration: 1 min. 30 sec +/- 10 sec

